**Patient Name:** DWYER-TIERNEY, AMY

**Date of Birth:** 08/28/1973

**Date of Service:** 03/28/2022

**History of Present Illness:**  
The patient is here today for orthopedic follow-up evaluation.

The patient complains of left shoulder pain that is 10/10, with 10 being the worst, which is sharp and dull in nature.

**Past Medical History:**  
Arthritis, hearing loss, stomach ulcers, ear and sinus infections, urinary tract infections, blood in urine.

**Past Surgical History:**  
Hysterectomy 2008, gallbladder surgery 2014, discectomy 2017. Left shoulder arthroscopy on 03/21/2022.

**Past Accident/Injuries:**

**Daily Medications:**  
Plaquenil, Pepcid AC, ibuprofen, prednisone. Mobic 15 mg.

**Allergies:**  
No known drug allergies

**Social History:**  
Noncontributory.

**Physical Examination:**  
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal. **Gait and Station:** Gait is normal

**Left Shoulder:**  
Examination of the shoulder revealed no tenderness to palpation. There was no effusion. No crepitus was present. No atrophy was present. Hawkins, drop arm, and apprehension tests were negative. Range of motion Abduction 60 degrees (180 degrees normal ) Forward flexion 80 degrees (180 degrees normal ) Internal rotation 40 degrees (80 degrees normal ) External rotation 50 degrees (90 degrees normal )

**Diagnostic Imaging:**  
10/12/2021 - MRI of the left shoulder reveals partial thickness partial-width articular sided tear of the posterior supraspinatus tendon near the critical zone involving 50% thickness. No tendon retraction or muscle atrophy. Mild edema in the subacromial bursa. Correlate for bursitis. Mild degenerative changes of the AC joint with edema.

**Assessment and Plan:**  
Diagnosis: Left shoulder rotator cuff tear.   
Plan: Recommend PT.

The patient’s Left Shoulder was examined   
MRI of the Left Shoulder was reviewed.   
The patient at the present time is advised to begin PT in 1 week.   
Patient is to return to the office in 4-8 weeks.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**